

East Soar

Outdoor Experience



www.eastsoaroutdoorexperience.co.uk



Welcome to East Soar Outdoor Experience!

East Soar Outdoor Experience is situated on a National Trust farm in one of the the most breathtaking parts of South Devon. On the headland, just above the picturesque town of Salcombe the location is perfectly suited to provide children and young people with an outdoor experience that will stay with them forever. The centre primarily provides outdoor educational opportunities for children with additional educational needs but also caters for mainstream groups. As we are situated on a National Trust Farm we work very closely with our local Rangers to ensure schools and families have access to our beautiful surroundings.

Programmes vary in length from half-day visits to week long residential trips.

We facilitate the whole experience which creates a unique 'family feel' to your trip. The activities are 'low risk' and designed to be accessible to children of all abilities, the emphasis is on building life skills. At its core every programme will have the social, emotional, personal and physical development of the individual. Programmes are designed with the needs and desired outcomes of each group in mind, whether that may be to have an enjoyable day in the great outdoors or to successfully complete a Duke of Edinburgh expedition. Several cross curricular links can be built into the programme and other awards and qualifications also

obtained or supported (DofE, ASDAN, John Muir Award, National Navigation Award Scheme etc.) School groups are assured of sole booking for the site.





Our mission is to provide children and young people of all backgrounds with a safe and secure environment to experience the wonderful benefits outdoor education provides. We aim to develop confidence, skills and emotional well-being whilst encouraging an active, respectful and positive approach to life.

ACTIVITIES

- **Field Games and Challenges**
- **Beach Games and Challenges**
- **Team Building Activities**
- **Basic Bush Craft**
- **Camp Craft**
- **Outdoor Cooking**
- **Navigational Games and Challenges**
- **Crabbing & Fishing**
- **Nature & Farm Walks**
- **Animal Feeding**
- **Story Telling**
- **Natural Art and Crafts**
- **Problem Solving Games and Challenges**
- **Forest School**



AWARDS

DofE Expeditions

We can provide training and assessment for the practice and assessed expeditions in the Bronze and Silver DofE awards.

John Muir Award

The John Muir Award is an environmental award scheme focused on wild places. It encourages awareness and responsibility for the natural environment, in a spirit of fun, adventure and exploration. The Award is open to all, and is the educational initiative of the John Muir Trust. Four Challenges are at the heart of each John Muir Award; discover – explore – conserve – share.

We can facilitate the award as part of a day-visit or residential programme. Certificates available for achieving candidates.

Young Navigator Star Award

The focus of the Young Navigator awards is to encourage exploration and journeying in local areas using simple maps. There is a gradual learning progression via One Star (bronze), Two Star (silver) and Three Star (gold) levels with certificates and badges available for achieving candidates.

We can facilitate the award as part of a day-visit or residential programme.





Facilities

East Soar Outdoor Experience is situated on seven and a half acres within the spectacular 600 acre East Soar Farm. The site comprises several stone barns, fields, paddocks and a small bit of woodland. The farm is home to Schalk, Marijke their 3 children and Daisy dog.

As well as the Walkers' Hut and ablution block the site offers accommodation in pre pitched bell tents and the Swallows' nest.

Sole use of the site ensures added safety and comfort of school groups. Boys and girls are separated and staff members are provided with their own sleeping accommodation.

The Walkers' Hut and other barns offer enough indoor space in the event of bad weather. As well as a new extensive vegetable garden; pet sheep, chickens, pigs, pony and donkeys provide children with the added opportunity to become involved and develop their own confidence. New pond dipping platforms for 2015 enable children to explore our extensive pond area. Children leave the centre with a feeling of achievement and pride in newly gained skills.

East Soar Outdoor Experience has established successful links with other outdoor education providers in the area, enabling schools to add some of these activities to their individual programme.

Meals

Meals are prepared freshly on site and all produce sourced locally.





Health and Safety

We pride ourselves on offering a safe environment for students and staff. All activities are done on site or the surrounding area. Marijke and Schalk are both CRB checked and first aid trained. East Soar Farm and all activities have been risk and fire assessed. All policies are available on request.

Pricing

Residential visits.

Prices range from £35 to £60 per student per night depending on activities and duration of stay.

Day workshops.

Prices range from £100 (half day) to £160 (full day). Maximum 30 students.



Daily Itineraries

Daily itineraries are discussed with schools and provided before arrival. Schools decide what activities they would like to do and we design a programme of events to suit the individual needs.



Schalk and **Marijke** always make sure that a warm, friendly welcome awaits everyone who visits East Soar Farm. They have the academic and practical expertise to ensure the success of every visit. Both are passionate about the benefits which outdoor education provides for children and young people.

Schalk (BAHon, PGCE, PGD Physical Education) and Marijke (BAHon, PGCE) have more than 18 years experience between them working in specialist primary and secondary schools and have personal family experience of ASD. Schalk also has years of experience in working with children and young people in the outdoors. He has various sport coaching qualifications, is a qualified forest school instructor and Duke of Edinburgh expedition leader and assessor.

“ The staff are highly professional while incredibly hospitable and made us all feel very welcome. The activities provided were ideal for a group of pupils from London who wanted to spend some time enjoying all the pleasures the English countryside has to offer. The pupils and staff on the trip thoroughly enjoyed the experience and we will be visiting East Soar Outdoor Experience again this year.”

Ben Walsh - Secondary Curriculum Coordinator

“ Although it was the first time away from home for lots of pupils, everyone soon forgot their anxieties as they were given a friendly welcome by Schalk and his family, and a tour around the incredible grounds and facilities. There was no time to be homesick with the brilliant and varied range of activities. The pupils had endless opportunities to work together, build their confidence and enjoy being outdoors. The food was healthy and delicious and very well earned after a hard day's walking and playing games!”

Jeanne Milstein - Blossom House School



“East Soar Farm is an absolute must for any school looking for a safe, friendly and extremely well organised Duke of Edinburgh practical assessment provider. With a leader as experienced and accomplished as Schalk, every expedition is guaranteed to be a success. All the children gained valuable social, emotional and independence skills made possible by the supportive and nurturing environment offered by Schalk and his family. We will definitely be back again next year”

Roger White - Head of PE

Itinerary example

Day 1

- 11.00am** Arrive, Housekeeping and settling into accommodation
- 11.30am** Ice breaker games
- 12.00pm** Lunch
- 1.00pm** Walk to South Sands followed by beach games and challenges
- 5.30pm** Dinner followed by camp fire, storytelling and roasting marshmallows
- 7.30pm** Treasure Hunt
- 8.30pm** Bed Time

Day 2

- 8.00am** Breakfast followed by animal feeding
- 9.00am** Nature and farm walk
- 10.00am** Hot Chocolate
- 10.30am** Knot skills and team challenges
- 12.00pm** Lunch
- 1.00pm** Shelter building and basic bush craft
- 3.00pm** Drinks break
- 3.30pm** Field games
- 5.30pm** Dinner followed by camp fire, storytelling and roasting marshmallows
- 7.30pm** Treasure Hunt
- 8.30pm** Bed Time

Day 3

- 8.00am** Breakfast followed by animal feeding
- 9.00am** Navigation challenge
- 10.00am** Hot Chocolate
- 10.30am** Fire making using flint and steel
- 12.00pm** Lunch
- 1.00pm** Walk to Soarmill Cove beach followed by natural art challenge
- 5.30pm** Dinner followed by camp fire and roasting marshmallows
- 7.30pm** Reflection on time spent at East Soar followed by talent show
- 8.30pm** Bed Time

Day 4

- 8.00am** Breakfast
- 9.00am** Goodbyes and departure



East Soar Outdoor Experience

East Soar Farm, Malborough, Devon TQ7 3DR
Telephone: 01548 561904 Mobile: 07949 047784 info@eastsoar.uk
www.eastsoaroutdoorexperience.co.uk